

2026 International School Sports Federation

Hong Kong Aquathlon Championships

Race Date: Sunday, 11 January 2026
Race Venue: Hong Kong Sports Institute, Shatin
Race Start: 08:30 am (By Wave)

Category

Distance A: Swim 300m and Run 1.4km	
Boys U20 (2006-2009)	Girls U20 (2006-2009)
Distance B: Swim 300m and Run 1.4km	
Boys U16 (2010-2011)	Girls U16 (2010-2011)
Distance C: Swim 200m and Run 1.4km	
Boys U14 (2012-2013)	Girls U14 (2012-2013)
Distance D: Swim 200m and Run 1.4km	
Boys U12 (2014-2015)	Girls U12 (2014-2015)

Individual Competition Rules

Participants must be enrolled in a local International School.

School Team Competition Rules

Each team must consist of at least three and no more than six members. Each member must compete in the same race category and same gender.

School team results will be determined by the sum of the finishing times of the **top Three individuals** of each team.

Each member's result will also be counted in the individual category.

There is no limit to the number of teams entering from each school in each category.

Remarks

***Age group (age calculated as 2026 - year of birth)**

School representatives & Parents Remarks

Each participant can be accompanied by **one** parent or guardian to enter the HKSI on the race day.

School representatives applying to enter HKSI, please fill out the [Google Form](#) and complete it by 30 December or before.

Deadline for Entry	30 December 2025 (12:00 noon)
Entry Fees	HK\$200 (Per Person)
Late Entry Charge	HK\$100 surcharge will be levied for any late entries which have been accepted. Late Entry will only be accepted until Sunday 11:59 pm, 4 January 2026.

Awards	<p><u>Finisher Medal & Certificates</u></p> <p>E-Certificate of Participation and Finisher Medal will be issued to athletes who finished race.</p> <p><u>Individual</u></p> <p>The top 3 in each category will be presented with a Trophy. Other positions entitled to an award will be presented with medals based on the below criteria:</p> <p>Awards will be presented to the Top 3 finishers if the number of entries in that category is 3- 30.</p> <p>Awards will be presented to the Top 5 finishers if the number of entries in that category is 31 or above.</p> <p><u>School Team</u></p> <p>Awards will be presented to the Top 3 School Team if the number of teams in that category is 3 -14</p> <p>Awards will be presented to the Top 5 School Team if the number of teams in that category is 15 & Over</p>
<p style="text-align: center;"><u>Non-refund Policy</u></p> <p>The TriHK operates a “Non -Refund Policy”. Once your entry is accepted, your entry fee will not be refunded nor transferred. If an event has been cancelled due to inclement weather or other reasons beyond the control of TriHK, the race will not be rescheduled. The TriHK will not make any refund arrangements. The relevant registration fee is also non-transferable.</p> <p style="text-align: center;"><u>Local Event Inclement Weather Policy</u></p> <p>If Typhoon Signal No. 8 or above is hoisted at any time after 12:00 noon on the day before the race, the race will be cancelled without a rescheduled date, and race entry fees will not be refunded.</p> <p>If the Typhoon Signal No.3 / Red Rainstorm/ Black Rainstorm warning be hoisted at any time after 06:30 a.m. on race morning, the race will be cancelled without any more rescheduled race and the race entry fees will not be refunded.</p> <p>Should the above Inclement Weather / Condition Warnings be raised after the commencement of the race, the Race Director has the right to change the course distance or arrangement or to stop the race. If the race is stopped, the race will either be cancelled or be adjusted.</p> <p>Entry Fees of cancelled races will not be refunded, nor can they be transferred to cancelled race.</p>	